

Low-Dose Naltrexone (LDN): A note to providers

This patient is on Low-Dose Naltrexone (LDN) for management of fibromyalgia and/or cognitive impairment. They are **NOT** on LDN for opioid abuse.

If this patient needs emergent narcotic pain management, please do not withhold the pain medications. The LDN is a very low dose, and the patient may get some pain relief from the narcotics. The LDN should be less active within 24 hrs. of the last dose.

Please see the following reference for further information about LDN, reasons for use, and guidance on treating acute pain for patients on LDN.

Reference:

[Chiang, T-H, Schmitt, K, Nelson, A. Management of patients on low-dose naltrexone: a clinical review for urgent care providers". *J Urgent Care Med.* 2023;17\(10\):11-16](#)